

OMRON connect Installation and Manual Entry Guide

Version 1.1

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1 Download the OMRON connect mobile app

1. Download and install the OMRON connect app on your mobile device.

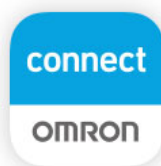
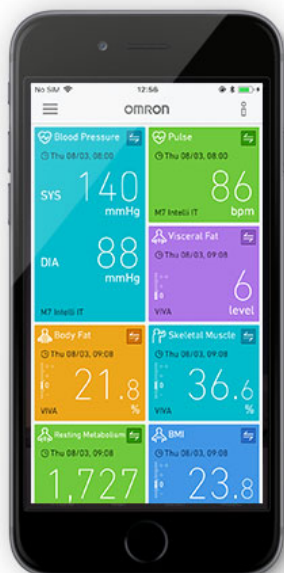
Please check the supported devices via the link below:

https://www.omronconnect.com/emea/en_gb/devices/

2. Open the OMRON connect app.

3. Follow set-up and instructions.

For manual entry, please refer to “2 Setup OMRON connect manual entry”.



OMRON connect makes it easy to view, save, and manage your health data.

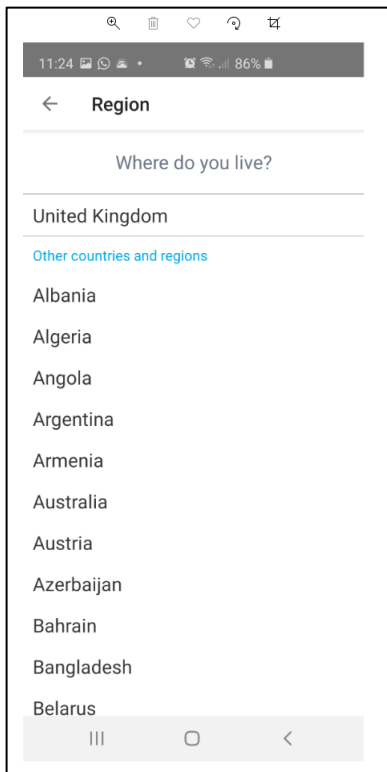


2 Setup OMRON connect manual entry

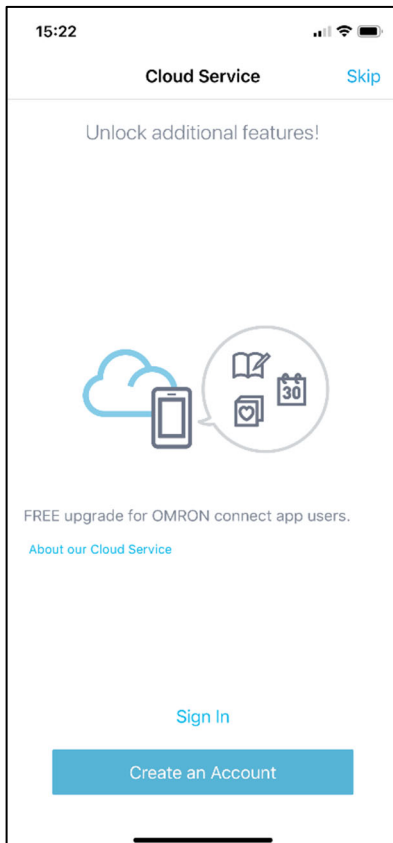
- 1 Open “OMRON connect” on your smart device.
- 2 Tap on Get Started.



3 Select United Kingdom in the country list.



4 Follow the instruction to create the OMRON connect Cloud account.

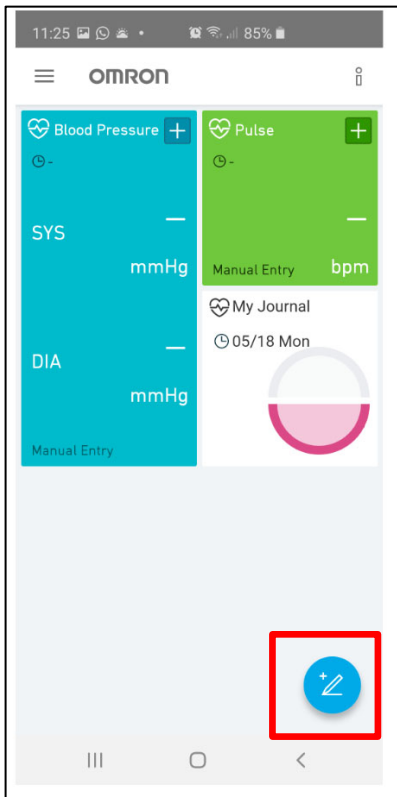


- 5 Pop up screen on with question if you are using Omron BPM.
- 6 Select “No” on the OMRON connect compatible devices screen.



- 7 Automatic change in manufacturer: Other

8 You will see the pencil icon at the bottom right of the home screen.



Pop up screen on with question if you are using Omron BPM

Automatic change in manufacturer: Other

3 How to record blood pressure measurement

- 1 Tap on the pencil icon, new window will be displayed.
- 2 Adjust your date and time that correspond with the time of measurement.
- 3 Fill in the SYS, DIA, Pulse value on the Blood Pressure & Pulse screen.

Field	Value
Measurement Date	May 20, 2020
Measurement Time	17:12
SYS	135 mmHg
DIA	85 mmHg
Pulse	70 bpm
Manufacturer	Other

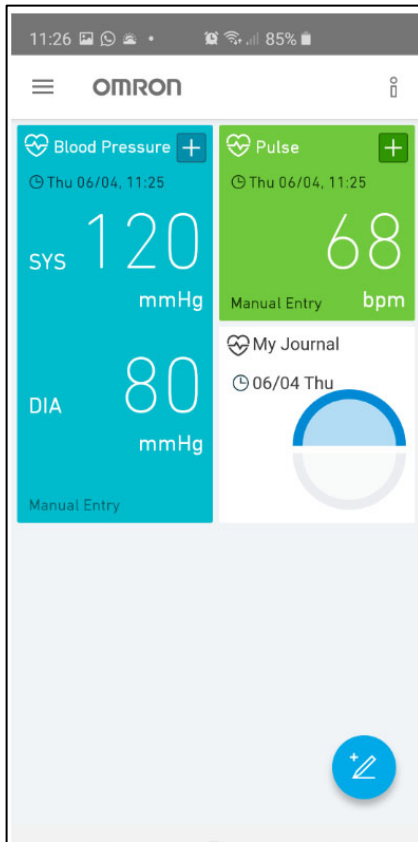
Save

OMRON
Other

*Range of measurements
SYS/DIA: 40 – 280 mmHg
Pulse: 40 – 180 bpm

- 4 Click on the Save button.

5 Your data will be displayed on the home screen.



By tapping on the panel of the current measurement data, your measurement will be shown in graphs.



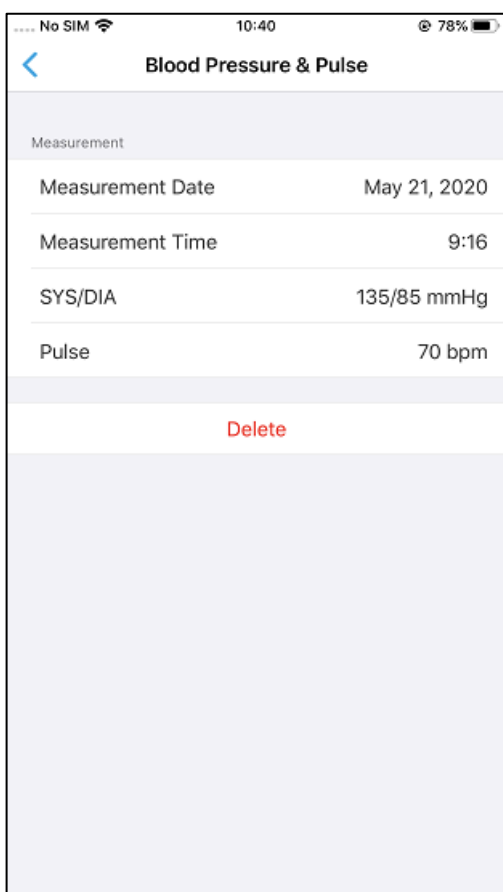
4 Adjusting the graph settings

By tapping on the 3 small dots in top right corner, extra features are displayed:

- All measured data
- Export your data
- Graph Settings
- Help

Within the option all measured data you can see all recorded data within the app.

By choosing one of the measurements, you will have possibility to delete wrongly recorded data.



5 Export the measurement recorded data

This option will give you possibility to extract all the date and send it as an attachment to your email in csv format:

Measurement Date	Timezone	SYS(mmHg)	DIA(mnHg)	Pulse(bpm)
2020/05/20 17:16	Asia/Tokyo	135	85	70

In option of graph Settings, you can choose which range should be displayed on your graph.

By adjusting the SYS/DIA values the scale of your graph would be adjusted.

